



## A Smarter After School



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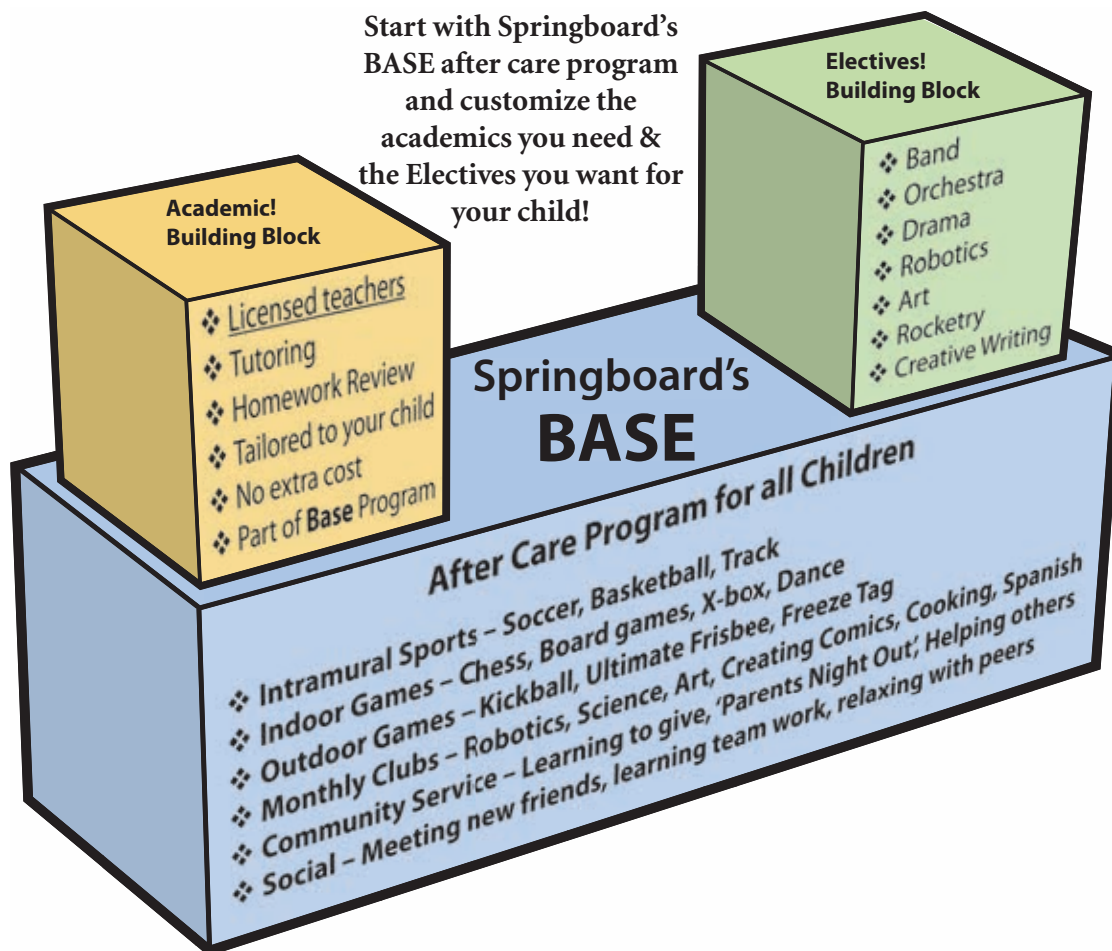
Springboard After School is a *revolutionary* after school program that provides children with superior care, academic support & engaging enrichment opportunities.

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# Welcome to Springboard After School!

Start with Springboard's  
BASE after care program  
and customize the  
academics you need &  
the Electives you want for  
your child!



Partnering With Schools  
[www.springboardafterschool.com](http://www.springboardafterschool.com)  
800.341.3177

## Springboard's Base Program

At Springboard, we recognized from the start, that kids want to have fun. Our program begins with our 'BASE' after care program which includes indoor/outdoor games, intramural sports, our fun 'Den', monthly clubs (science, robotics, art, 'meet a musical instrument', cooking, etc.), community service projects and social events such as 'giving back to the community' and parents night out.

After the BASE program, parents can add engaging electives like band, guitar, science rotations, robotics, art, creative writing and drama.



Our programs provide a place where children can choose from daily enrichment activities, academic help or just relax with their friends.

### Base program

Time for snack with their friends

Intramural Sports

Outdoor Games

Monthly Clubs such as robotics, art, cooking and more.

Community Service Projects

Social events such as "Parents Night Out"

Team Building activities

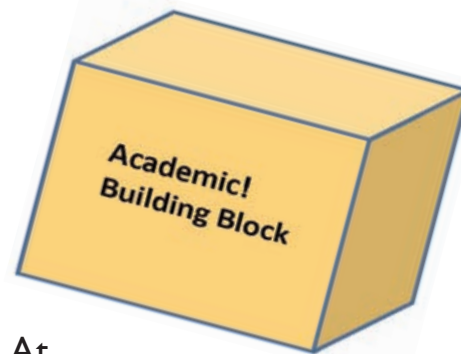
Academics

Indoor Games, Springboard's "Den" & much more!



## Academics

Springboard's dedication to education is what sets us apart. As an after school program, and included as part of our Base program, we offer tutoring and academic support to our students with **certified teachers** in our daily routine. Springboard students will increase their skill and academic performance in reading, writing, and mathematical problem solving through guided homework instruction and immediate feedback. The homework content is more thoroughly and completely understood and students are better prepared. At Springboard, our goal is not only to make sure your child's homework is complete, but that it's completely understood. That's a big difference.



## Why Springboard's After School Academic Program Is So Important

Springboard is managed by doctoral level educators to address a critical problem in our country. Decades ago, the best paying jobs in the U.S. went to our children graduating from American colleges. Over the next 10 years American companies will produce 123 million high paying jobs and only ~39% of our children will fill them. Today, most high paying jobs are going to graduates from other countries. Why? Our children are not academically proficient and ready to perform well in college. As children proceed from K-12, a bell curve forms that reflects how our children are performing in school. The small percentage of children that do exceptionally well are positioned in the front part of the curve. Behind them are the rest of the children that range from doing okay in school to worse. This gap begins early as children's academic scores slip a little or a lot as they proceed through the grades. There are many theories why this happens and the question for educators has been, how can we catch and help these kids and give them a better chance. Springboard was founded for this reason. We recognized that the extended day time was the opportunity to change this.

### Springboard Intensive

Springboard Intensive is a tutoring elective that gets your student back on track. This program is run in a small group setting of 3 children to 1 teacher. Our teachers understand your school's curriculum and work with your child's school day teacher to assess your child's academic needs. Based on our assessment, we'll design a customized skill building program. Springboard Intensive provides students with the small group academic support that they need to catch up to their peers.



### Springboard Intensive offers:

Intensive academic support

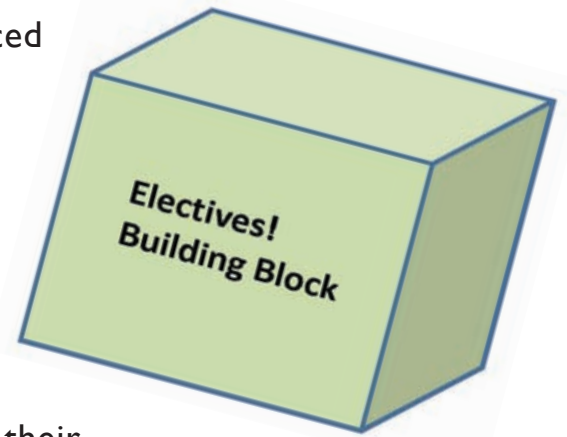
3:1 ratio

Subject specific assessment and frequent parent reports

Organizational guidance

# Electives

Springboard Electives are an important part of our balanced approach to after school programming. The goal of our Electives is to put back into schools some of those essential activities that schools have had to sacrifice in the wake of budget cuts and in the face of accountability initiatives on the federal level. Using Springboard's philosophy of hiring credentialed professionals that are recognized for their expertise in their field, we have sought to provide children with an experience that is as good if not better than what they can get outside in their communities. Our Electives are a chance for children to try something new in a fun and creative environment. These mind-expanding courses meet once per week and focus on anything from robotics, to hip hop, chess, comic book creations, music and more!



## Art

### Puppetry and Mask Making Grades K-6

We will be diving in with several different mediums to make mask and puppet creations. Join us to build dragon masks, creative creature puppets, robot masks and our very own marionettes, all this while learning about different art mediums, primary and secondary colors and other fundamental elements of art.

### Sculpture Grades K-6

This theme is all about sculptures. Prepare to get your hands dirty! We will create our very own castles using sugar cubes. Texture tiles, fish sculptures, pasta sculptures and paper sculptures are all on the menu!

### Nature Crafts Grades K-6

We'll not only draw from nature to create our crafts, but we'll also give back. We will be creating milk carton and pine cone bird feeders, leaf and fern paintings, bird silhouettes, birch bark paintings and found native object collages. Come enjoy some time outside and get crafty, too.

### Fabric Fun Grades K-3

This class is designed to teach young children how to sew, beginning with threading a needle and tying a knot. They will make little stuffed animals and dolls and clothes for the dolls. A variety of stitches will be taught and fabric art will also be incorporated.



### Beading Grades K-8

Wearable Art! In this art elective, you'll get to design and create a wearable piece of jewelry. Choosing from different colors and designs, we'll each construct our own unique, one-of-kind bracelets, key chains, necklaces and more.

## Music

### **Band & Orchestra Grades 3-8**

Our Band & Orchestra programs are designed to offer children the opportunity to develop their musical talent through wind, string or percussion instruments. Meeting weekly at your child's school, our ensembles help students to cultivate musical expression, team work and creativity as they prepare for yearly performances. Learning not only their instrument, but the skills needed to create a cohesive group performance, your child will love the creative expression and the fun atmosphere created by our experts in elementary school music. Instruments include flute, clarinet, alto sax, trumpet, trombone, tuba, percussion, violin, viola, cello and bass.



### **Guitar Grades 3-8**

This introduction to Guitar teaches

children the basics including tuning, chords, and strumming. Working in small groups, this musical elective is designed to teach not only the basics of guitar, but also an introduction to song writing.



### **General Music Grades K-4**

This elective will deliver the opportunity to discover beat, syncopation, melody, and harmony. We will explore music in history, music through literacy, and music around the world. We will play plenty of fun games and allow time for improv and exploration.

### **Chorus Grades 3-8**

Warm up those vocal cords! In this musical elective we'll learn to match pitch, produce a beautiful tone and sing with a group. We'll explore the basics of music theory and learn a variety of songs in both unison and two-part harmony.

### **World Music Grades 3-8**

Come with us as we track music from around the world. We will work with our world map and each week decide upon a new country's music to discover. We will create our own passports to track our travels. This will help us understand that country's music, traditions and religions.

### **Song Composition Grades K-8**

Ever wonder what it takes to write a hit song? We'll learn how lyrics and melody work together and work on our own musical creations. We'll explore how some of the great song writers got their start and listen to some of their greatest hits. Come join us for a combination of music history and music creation.

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## **Cross Curricular**

### **Kitchen Chemistry Grades 1-6**

Welcome to the sweet science of food. We will explore why cupcakes rise and how rock candy can crystallize. Ever wonder what makes soda fizz or why gummies can jiggle? And what makes bubble gum so chewy? We'll try our hand at cooking up our science experiments to prove our hypotheses. Come and find out in this tasty, yet educational elective.

### **School Store Grades 3-8**

Our students will learn the ins and outs of running a retail business, from advertising to merchandising to selling our products. We'll determine what to sell in our store, what we should charge and learn basic record keeping for profits. All proceeds from the store are donated to the school.

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## **Drama**

### **Drama Grades K-8**

Lights, Camera, Action! Join us as this performing arts elective focuses on creating a star production including the creation of scenery, designing costumes, memorizing dialogue and learning stage direction. Backstage hands are needed for lighting and props too! Drama can help students with public speaking and communication, and can also be a fantastic creative outlet. Come and join us as we create plays to perform for our friends and parents.



### **Readers Theatre Grades 1-3**

This is a wonderful opportunity to use your imagination to perform a play without having to memorize the script. Based upon books that we read we will have lots of different characters to choose from. There is a part for everyone!

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## **Strategy**

### **Mind Games (Chess) Grades 2-8**

Learn the strategic thinking behind chess, checkers, and other games that involve thinking two or three steps ahead. These recreational and competitive games are played by millions of people around the world and have a way of enhancing our mental prowess! Are you up for the challenge?

## Strategy (continued)

### IQ Puzzles Grades K-8

Come exercise your brain with us! This activity is all about MindFLEX. We will do Brain Teasers, Brain Bashers, Kids Trivia, Math Explosion, and much, much more. Pump up your noggin!



### Math Games Grades 1-3

Board Games and Math Skills are a perfect pair! We will practice our math skills while learning some fun new board games. Then you will get the chance to create your own game using the skills that you have learned! Think you can stump your friends?

## Culture

### Japanese Art Grades 3-6

This introduction to art covers cross cultural perspectives by learning about Japanese writing and word characters. It shares a historic perspective into Japanese history and history of painting. By learning through books and historical examples, the students will learn about lines, shapes and colors and develop a vocabulary to discuss the different aspects of art.

### Cultural Art Grades K-8

Did you know that comic books are part of our cultural history? By looking at our own culture, this introduction to art covers artists from the past as well as Native American, African, and Chinese perspectives. We'll also grab a paint brush to create our own art!

### Cultural Studies Grades 2-6

For this in-depth study, we will be looking at ourselves and our individual family trees. Each week we will be learning about our different heritages and we will research and share the cultural foods, traditions and history that accompany them.



## Language

### Spanish Grades K-8

Hola Amigos! Learn the Spanish language, through songs, games, and child geared lessons. We will be studying basic vocabulary, sight words and basic phrases. Not only will we delve into this beautiful language but we will also become experts of Spanish culture.

### American Sign Language Grades K-8

Get ready to sign! We will go from the alphabet, to creating our own names, to learning the signs for various foods, sports, things around the house, and then wrap the session up by learning phrases. Plan on Sign Language Trivia, conversation and games.

## History

### Egyptian History Grades 2-8

“Walk like an Egyptian”! The Pyramids, The Sphinx, the Tomb of young King Tut, the God Re, the triumph of Alexander the Great--we will learn it all through hands on crafts! We will build sugar cube pyramids, create a clay Sphinx and explore what was in King Tut’s tomb. Join us on this trip to ancient Egypt!

### Greek and Roman History Grades 3-8

Who was Augustus Caesar? What is the River Styx? Who are Juno, Mars, and Venus? (And aren’t those planets?) How did the Olympic games come about? Where was Mount Vesuvius and what became of Pompeii? Come and get your questions answered as we learn about Greek and Roman mythology, history and how it impacts our world today.

### Mayan History Grades 3-8

Mayans are known for their development of astronomy, calendars and writing. Their ruins are still studied today and their architecture valued through time. Come and find out all about Mayan culture through discussion, literacy, and hands on projects.



### American and British History Grades K-6

We will begin in Britain and follow the pilgrims across the sea to America. From there we will study and re-enact the Boston Tea Party and Paul Revere’s ride. We’ll explore the battle of Bunker Hill, become Ethan Allen and the Green Mountain Boys, and create and sign our very own Declaration of Independence. We’ll also explore what it means to be a free country.

### Natural History Grades K-6

Rocks, bugs and bones! Join us to delve into the natural history of the world. We will be creating fossils, building our own bug boxes to collect and study bugs, and putting on our archaeological hats to go on our very own excursion. Let the digging begin!



### History of Film Grades 3-6

We will track film through time and create a camera obscura and then our own zoopraxiscope. We will study silent films starring Charlie Chaplin to the first films with sound. We will draw our own animations, first in flip books and then on a larger scale and create our own animated moving picture show.

## Science

### Robotics Grades K-8

Using some high tech toys, we'll each create our own programmable robot! We'll figure out how they work and what it takes to design, engineer and program them to light up, move around and grab on.

### Chemistry Grades 2-6

Join us for this explosive activity! We'll be building volcanoes, rockets, fizzy bubbles, soap, and we will wrap up by churning our own ice cream. It's all about action and reaction for this activity!

### Weather Grades K-6

This activity is designed to teach the students about different aspects of weather, allowing them to observe the world around them and work together and as individuals to build tools that, when combined, make a working weather station. We will create Barometers, Sun Dials, Thermometers and more!

### Physics Grades K-6

Though many people take physics in high school, physics is all around us and is accessible to children of all ages. We will be studying density, gravity, Newton's laws as well as simple machines with levers and axles. We'll create paddle boat projects, sink & float experiments, rockets, water wheels and pendulums, all while learning about physics.

### Engineering Challenge Grades 3-6

This elective is designed to use the engineering and designing aspects of our brains. We will conduct egg drops, bottle bottom races, a glider challenge to test aerodynamics, and design bridges and buildings out of recycled materials. This is a definite favorite, and gets the kids thinking like engineers. Problem solving and team building are also a large component of this elective challenge!



### Rocketry Grades 3-8

5,4,3,2,1... BLAST OFF!!!! Students will study the scientific principals associated with space flight and will construct various types of rockets. Through our own creations we'll develop an understanding of the science that is associated with space flight.

### Crazy Science Grades 1-3

Join us for this explosive elective as we discover your inner scientist and conduct weekly experiments. We'll test the strength of magnets, cook up a batch of goo and evaluate some fizzing and bubbling hypotheses. It's all about action and reaction for this elective as we improve our science skills.

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## Outdoor Education

### Wilderness Survival Grades K-8

If you were lost in the woods, would you know how to forage for food or scavenge for edible insects? This elective will explore how to survive in the wilderness including how to build a shelter, fend off bears, and purify water. Join us as we pack our supplies and head out to explore!

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## Intramurals

### Intramurals Grades K-8

“You’ve got to move it, move it!” These team oriented sports will not only get you moving, but will also teach strategic thinking, team work, and more. The weekly rotations will include Soccer, Capture the Flag, Basketball, Street Hockey, and Ultimate Frisbee, just to name a few. This elective is held rain or shine and we’ll move indoors if the weather doesn’t cooperate.

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## Physical Disciplines

### Tae Kwon Do Grades K-8

Tae Kwon Do roughly translates to “Foot-Hand-Way.” Otherwise translated as the art of the feet and the hands. This elective will focus on the tenets of TKD: Courtesy, Integrity, Perseverance, Self Control and Indomitable Soul. The forms will help students focus and understand their bodies, while learning useful skills and gaining self esteem.

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### Yoga Grades K-8

This elective is designed as a fun and creative introduction for children to basic yoga. The use of animated poses and basic stretching exercises promote strength, flexibility, and coordination. Breathing and visualization techniques teach concentration, relaxation, develop self-control and release energy in a fun, safe environment.

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## Dance

### Hip Hop Grades K-8

For newcomers and experienced dancers, this high energy elective will break down the routines into easy to learn segments. We’ll have fun with old school hip hop as well as the hottest new freestyle moves! Class will consist of stretching, movement basics, urban movement sets, free style and routine practice time.

### Dance Forms Grades K-8

Join us to look at dance in many forms. Among them: ballroom, jazz, hip hop, contemporary and more. We will also be having a World Dance day and will celebrate dance forms from India, Iran, Ireland, Cuba, Russia, and Sweden just to name a few. Come for this cross-cultural fitness experience.

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## Healthy Living

### Going Green Grades K-6

Let's take care of the environment and have fun, too. Join us to create eco-friendly bumper stickers and re-usable lunch bags. We will learn about papermaking, recycling and "UpCycling," Come and soak in the eco-knowledge and be creative while doing it!

### Kids in the Kitchen Grades K-6

Let's experiment in the kitchen! We will create our own delicious foods from scratch. On the menu will be foccaccia bread, cucumber sandwiches with fresh herbal dip, and "blueberry buckle" with fresh berries. Also on the menu are hearty calzones and cheese delights. We will top it off with sweet crème brulee and strawberry cream pies! And of course, when it's ready we get to taste what we created!



### Organic Gardening Grades K-6

Prepare to get your hands dirty! Children will make container gardens and grow their own vegetables, flowers or herbs. They will start a group "box garden" on site. They will make fresh squeezed lemonade, seasoned with fresh herbs and they'll create and illustrate their own cookbooks utilizing what they know about all the fresh things they can grow!

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## Writing

### Creative Writing Grades 3-6

Do you have a wild imagination and sometimes find yourself drifting off to daydream during class? Turn your thoughts into a captivating story! We will learn about

plot, character, setting, story arc, dedications, acknowledgements, various genres and much much more as we author our own books!



### Comics Grades K-6

We'll create our own comic books, from cover page to art work and speaking bubbles. And as the plot thickens, so will our characters and story line. We'll also explore the history of comic books as we spin our own tales.

## We've Created the Flexibility That Parents Need

Springboard offers you options as to what activities you would like to see your child engaged in after school. As part of our base program, children can be part of exciting electives, work on homework and enjoy some down time with their friends. As a parent you have the ability to schedule a day, a week or a month at a time. We also allow drop-ins for those last minute days.

## Springboard Afternoons

Springboard works because children enjoy coming to our after care program. Our Base program can be offered with or without Electives depending on the needs and wants of the families at a particular school. Included in our our Base program is the creation of a warm, caring environment where kids can enjoy intramural sports, work on homework, relax with their friends, participate in a community service project and more!

## Daily Communication

Springboard works because we've created the ability for parents to communication with us through our online "Parent Connect" system (see page 14 for more information). Whether it's a concern about your child's allergies, a question about homework, or a quick note regarding your child's morning, our teachers read online any daily communication from you before your child arrives at Springboard. For homework concerns, our teachers will also work with your children's teachers to address any outstanding work and focus on any concepts that your child doesn't understand completely.



## Our On-line “Parent Connect” System - Enroll & Schedule

Our “Parent Connect” is an on-line proprietary software system designed specifically to enable parents to enroll, register and pay for their child from your computer either in your home or office. This is important because it provides our teachers in the field with up-to-date, accurate information. With older paper systems, too many errors can occur. Additionally, as mentioned earlier, parents can communicate directly with the Springboard teachers, through our Parent Connect system regarding any concerns specific to their child.

### Easy to Enroll!

Our registration process is a one time step that takes ten to fifteen minutes. Once registered in our system, parents can schedule throughout the school year by logging on with an email address and password. It also allows for easy monitoring of payments and parents can schedule a day, a week, or a month at a time.

Here’s how to Enroll on-line:

- 1) Go to [www.springboardafterschool.com](http://www.springboardafterschool.com).
- 2) Click on Enroll Now in the upper right hand corner.
- 3) Fill in all the pages.



## “Totally Awesome”...and that’s just what the parents are saying!

### From our Schools:

“I consistently see a higher level of performance and better quality of work from children that are attending the Springboard After School program each day. Due to the positive impact Springboard has had, my students are more confident in their ability to be successful in an extremely rigorous classroom environment. I am of the opinion that programs specifically like Springboard can make a significant impact on the overall academic improvement of children when they return to class each day.” *Stephen, Teacher, Upper Marlboro, MD*

“My Springboard students always do well!” *Kari, Teacher, Englewood, CO*

“My Springboard student seem more confident in his work. His test scores have improved and I rarely get late assignments.” *Sara, Teacher, Colorado Springs, CO*

“I appreciate the consistent communication between parents, Springboard and our staff” *Jane, Teacher, Tyngsboro, MA*

### From our Parents:

“Marcus aced his math test last week, thanks mostly to Springboard. Carly, who has trouble making friends, sent me away when I came to pick her up early. She was having too much fun!” *Lori, Parent of 5th and 6th grade siblings*

“My girls and I love the Springboard After School program! They have so much fun AND they get their homework done, which leads to a much more relaxed evening at home. I have very high expectations for my kids, but I have been able to turn homework over to the credentialed teachers who work there and have seen continued excellent results in school.” *Jennifer, parent of two 2nd graders*



“I just wanted to thank you for being a wonderful teacher. Because of you Peyton is so excited about music and playing the saxophone. Thank you, thank you, thank you.” *Louise, parent of a Band student*

### From our kids:

“Springboard’s really cool. We get to play great games and I get my work done. It’s awesome!” *Bobby, 5th Grader*

“I don’t want to leave!” *Alex, Kindergartner*

“I’m so excited we have photography today. I brought in my grandfather’s old camera today and I can show him (pictures) after Springboard.” *Max, 1st Grader*

“I do all the activities. My favorites are Drama and Rock Climbing. It’s so much better than before.” *Amy, 7th Grader*

**“At the beginning of the school year Maya had very low self-esteem and would get extremely down on herself. With the help of the Springboard after school program I have seen an increase in Maya’s self-esteem, self-worth, and confidence. She has faith in herself and in her abilities. While at Springboard Maya is given time to devote to her homework and any uncompleted assignments. Having this time set aside for her class work allowed Maya to come to class prepared for the next day. She was able to turn in her assignments on time and completed. Maya is a child who needs one-on-one focus and attention. She was able to get the help she needed through the Springboard program. Springboard made a significant difference in Maya’s life. It gave her the encouragement and focus that she needed to complete her assignments and become a well-rounded student... I feel that the structure and security of Springboard is helping Maya to be successful both academically and behaviorally.”**

*Erin Cynkar, Teacher, Longmont CO*

